

Research *Rounds*

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FACULTY OF MEDICINE

The Centre for Health Education Scholarship (CHES)
invites you to Research Rounds with:

Transition to Practice: Colleagues Replace Supervisors as Fundamental Supports

Dr. James Tessaro

Date: April 18, 2018

Time: 12:00pm to 1:30pm
(feel free to bring a bagged lunch)

Venue: Diamond Health Care Centre, room 2267

With videoconference to:

- IRC 305
- NHSC 9-374
- RJH CA 120

**Please be aware that this session will be recorded and made available online to CHES members on a password-protected site.*



Dr. James Tessaro

General Internist, St. Paul's Hospital

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THE UNIVERSITY OF BRITISH COLUMBIA



Research Rounds

Dr. James Tessaro

Transition to Practice: Colleagues Replace Supervisors as Fundamental Supports

ABSTRACT The transition from residency to unsupervised practice is a time of increased stress and burnout for physicians. Early data suggests the challenges faced by new practitioners mostly concern non-medical expert areas of practice. How can the transition to practice be understood and then improved? Recent graduates from the UBC General Internal Medicine residency program were sampled to explore the challenges they faced and the solutions they found as they moved from residency to unsupervised practice. Data was analyzed using thematic analysis and was viewed through the theoretical lens of communities of practice. I will present the findings of my MHPE thesis from Maastricht University.

ABOUT Dr. James Tessaro is a General Internist at St. Paul's Hospital and a Clinical Assistant Professor in the Department of Medicine at the University of British Columbia (UBC). He completed his Clinical Educator Fellowship at the Centre for Health Education and Scholarship in 2016 and Masters of Health Professions Education through Maastricht University in 2017. He holds a bachelor of science in biochemistry from the University of Victoria and he completed medical school, Internal Medicine residency and General Internal Medicine fellowship at UBC.

His clinical work and educational activities take him throughout Metro Vancouver and to the Northwest Territories. His current research interests include the transition to practice, contextual competence and enhancing ambulatory education for medical students and fellows.

ACCREDITATION: The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. This course has been reviewed and approved by the UBC Division of Continuing Professional Development. This Group Learning course meets the certification criteria of the College of Family Physicians of Canada and has been certified by UBC CPD for up to 1.5 Mainpro+ credits. This course is an Accredited Group Learning Activity eligible for up to 1.5 MOC Section 1 credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. Each physician should claim only those credits he/she actually spent in the activity.

The Centre for Health Education Scholarship (CHES) is committed to enhancing health education scholarship by building capacity for educational scholarship across the Faculty of Medicine through collaboration, team-building, mentorship of new faculty, successful funding applications, and other activities.