

## Centre for Health Education Scholarship (CHES) Research Rounds



**Mark Your Calendars!** The Centre for Health Education Scholarship (CHES) is inviting you to Research Rounds with

## Dr. Glenn Regehr



Date:Wednesday, October 21st, 2009Time:12:00pm to 1:00pm (Lunch will be served)Venue:Diamond Health Care Centre, room 2267With Videoconference to IRC 305, MSB 107, NHSC 9-370

Topic: Slowing Down When You Should: Exploring New Models of Self-Regulation in the Field

## Abstract:

The clinical environment is complex and dynamic. When things are going well, excellent clinicians quite naturally, almost automatically, "do what they know how to do" with relatively little effort. A key to safe and effective clinical practice, however, involves shifting away from this smooth, automatic state, to a more intense and effortful mode of concentration when the situation calls for it. This process of "slowing down when you should" (rather than "plowing through" inappropriately) can be considered a cornerstone of self-regulation and may be the key to clinical judgment, but it is difficult to describe, much less teach. This talk will present data from both "bench" and "in vivo" studies that document and provide language for understanding the phenomenon of "slowing down" in practice. Implications for patient safety and resident training will be discussed.

Dr. Regehr obtained his PhD in cognitive psychology from McMaster University, and during the last year of his PhD, trained as a research associate in medical education at McMaster University Medical Centre with Dr. Geoff Norman. In August 1993, he joined the University of Toronto Faculty of Medicine as an Assistant Professor where he cofounded the Wilson Centre for Research in Health Professional Education and served there as Associate Director, Senior Scientist, and the Currie Chair in Health Professions Education Research until July 2009. From July to December of 2008, he also served as the Acting Assistant Dean of the Academy for Innovation in Medical Education at the University of Ottawa. Upon coming to UBC, Dr. Regehr has joined the Centre for Health Education Scholarship in the Faculty of Medicine at the University of British Columbia as the Associate Director and Senior Scientist. He is Professor of Surgery with a cross appointment in the UBC Faculty of Education, and maintains cross appointments in the University of Ottawa Faculty of Medicine.

Please join us.

Dr. Joanna Bates Director, Centre for Health Education Scholarship

The Centre for Health Education Scholarship (CHES) is committed to enhancing health education scholarship by building capacity for educational scholarship across the Faculty of Medicine through collaboration, team-building, mentorship of new faculty, successful funding applications, and other activities.